

**Interim Assessment Report 3 to Community Shelter Board:** 

**Evaluation of Central Ohio's Stable Families Program** 

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# I. Executive Summary

The Community Shelter Board (CSB) and its partners, Communities In Schools (CIS), Gladden Community House and Central Community House, began implementing the Stable Families Pilot Program (Stable Families) in 2008 and will continue to do so through 2010. The primary mission of Stable Families is to help families who are at imminent risk of becoming homeless to remain in their homes or to find stable housing and not enter the family emergency shelter system. Stable Families is designed to be a relatively short but intensive program, providing families with case management, supportive services, and cash assistance to maintain housing and promote school stability for children in enrolled families.

Participating families are typically referred to this program via referrals from the YWCA Family Center or from CIS' community outreach efforts. In order to be eligible for enrollment into Stable Families, a household must contain at least one child under age 18, have a family income at or below 200% of the Federal Poverty level, and be at imminent risk of homelessness. Priority may be given to families that have a history of high residential moves (and associated student mobility) and families that have a history of involvement with Franklin County Children Services.

This report presents results from the first three periods of Stable Families' implementation, from April 7, 2008 through June 30, 2009. This report uses primary data from four sources in an effort to present an accurate, comprehensive evaluation of the Stable Families program:

- Program activity and psychographic data for each family referred, assessed, and enrolled (source: Communities in Schools);
- Data from Columbus ServicePoint (source: Community Shelter Board);
- Attempts to access the emergency family shelter system (source: YWCA Family Center); and
- School mobility, achievement, and absence data (source: Columbus City Schools).

The full report is comprised of multiple sections, each headed by a particular evaluation question. In order to present a concise summary of the baseline findings to date, the Executive Summary focuses on three critical questions:

- A. Who did Stable Families serve?
- B. Why did these families need the assistance of Stable Families?
- C. What impact did Stable Families have on the families enrolled?

#### A. Who did Stable Families serve during the third period of program operation?

During its third period of operation (January 1, 2009 – June 30, 2009), 260 households were referred to Stable Families. Of these, 174 were assessed for enrollment, 146 were enrolled, and 120 successfully completed the program (i.e., entered permanent housing) by the end of this evaluation period.

Of the 554 families referred to Stable Families from April 7, 2008 through June 30, 2009, 351 (63%) were assessed for entry, 283 (51%) actually enrolled, and 179 (32%) successfully completed the program by the end of this evaluation period. Note that 27 clients exited the program unsuccessfully. For a

<sup>&</sup>lt;sup>1</sup> As of 11/16/2009, the family income requirement will change to "at or below 50% of the Area Median Income (AMI)."

cumulative view of program operations since implementation, see Figure ES-1. The figure appears later in the report, but is reproduced here for emphasis.

Figure ES-1: Stable Families' Activity Flow [Period: April 7, 2008 - June 30, 2009] 203 families did not proceed to assessment for the following reasons: **554** families were Unresponsive to communication (32%) Did not meet eligibility criteria (28%) referred to Stable Program at capacity (23%) **Families** Resolved crisis without assistance (7%) Referred but not assessed by end of the period (5%) Refused to participate (3%) No data available (1%) 68 families were not enrolled in Families were assessed 15 351 families were days after referral, on average Stable Families for the following assessed for enrollment Ineligible-Client needs too great (41%) in Stable Families Ineligible-Client not at risk (35%) Client was unresponsive (12%) Assessed but not enrolled by end of the period (7%) Refused to participate (3%) Resolved crisis without assistance (1%) Families were enrolled 7 days after assessment, on average 283 families enrolled in 77 families remained enrolled in the Stable Families program as of 6/30/09 179 families successfully 27 other families exited the program: Non-permanent housing at exit (56%) completed Stable Unknown (44%) **Families** 

At the close of the third evaluation period, 77 families remained enrolled in the program. Cumulatively, over three-fourths of enrolled families were headed by single adults (78%); among these heads of household, almost three-fourths were African American (72%) and almost half had been involved with child protective services in their youth (46%).

#### B. Why did these families need the assistance of Stable Families?

Several tools were used to screen and assess families for enrollment in the program. Perhaps the most striking findings from these various assessments are the extent to which they reinforce the same basic fact: families want stable housing but are struggling to provide for their basic needs. Of the families enrolled through June 30, 2009:

- Families' top housing concerns focus on maintaining safe, affordable housing, and paying utility bills.
- Income issues are critical for families enrolled in the program. At program entry, the majority of those with housing (76%) spent more than a third of their income on housing; the average housing cost burden was 66%. Over two-thirds did not have full-time employment, 35% lacked a high school diploma or GED, and 41% did not have access to reliable transportation.
- Tenant issues are also significant for families in this program, with the majority of families reporting at least one previous eviction (53%) or at least one unpaid utility bill (54%).
   Additionally, over a quarter (29%) of the families' heads of household lacked a credit history.
- A self sufficiency assessment confirms these findings: families were rated closest to the "vulnerable" level on economic factors, including food, employment, shelter and income, along with access to child care.

In general, it appears that families are primarily seeking assistance to help them overcome economic obstacles to stable housing. Most families enrolled in the program from April 7, 2009 through June 30, 2009 were assessed as having "zero to minimal" or "moderate" barriers to housing (36% and 59%, respectively), as opposed to "serious", "long term", or "severe" barriers. This is appropriate – families with major obstacles to stable housing are not the focus of this intense but relatively short homelessness prevention program.

#### C. What impact did Stable Families have on the families enrolled?

From April 7, 2008 through June 30, 2009:

- <u>Direct client assistance</u>. \$204,586 in direct client assistance (DCA) was provided to enrolled families, with families receiving (on average and from all sources) \$938. Assistance with rent was the most common form of direct client assistance, with over two-thirds of enrolled households receiving these funds. Utility assistance was the second most frequent type of DCA provided, with 16% of families receiving this help. Communities in Schools also provided case management to enrolled families, with almost all families receiving this by the end of the evaluation period.
- Successful exits from the program. Overall, 206 families exited the program by June 30, 2009, 179 (87%) of them successfully (i.e., transitioning to permanent housing). Most families that successfully completed the program continued to live in Columbus, Ohio (98%), usually in a rental property (77%). All families that successfully completed the program had secured permanent housing, with a third receiving a housing subsidy. Also, 24% of the families that completed the program relocated to more affordable housing. The proportion of unsuccessful exits from the program decreased significantly from Period 1 to Period 3. As may be expected, families that entered the program with more severe income barriers were less likely to exit the program successfully.

- <u>Changes in perceived self-sufficiency</u>. From program entry to program exit, enrolled families reported statistically significant increases in their perceived ability to meet many basic needs, such as shelter, income, childcare, among others. Among those who completed the program and received a follow-up assessment three months later, these positive changes were still present.
- Effect on the emergency shelter system. A range of estimates for Stable Families' likely effect on Franklin County's Emergency Shelter System is presented in the main report. Assuming program operations continue at current funding levels, the most liberal estimate of program impact suggests it could assist approximately 37% of the families who are projected to access the family emergency shelter system in FY2010. The most conservative estimate, however, indicates the program could help approximately 6% of families who may access this emergency shelter system.
  - O <u>Diversion of families to Stable Families</u>. A supplemental study indicates that Stable Families may have had a modest effect on the emergency shelter system. However, some data suggests Stable Families has been effective while other data suggests the program was no more effective than diversions to other resources. Ultimately, the relatively low number of diversions to the Stable Families program (from the YWCA Family Center, the setting of this supplemental research) makes it very difficult to determine whether enrollment in Stable Families was associated with more positive outcomes.
- <u>School mobility.</u> After enrolling in the Stable Families pilot program, 84% of families' dependent children remained stable in school, surpassing the expected program outcome of 75%. However, 87% of families' dependent children remained stable in school <u>before</u> enrolling in the Stable Families pilot program. Further, the observed mobility rate increased from pre- to post-enrollment.

#### D. Conclusion

#### From a process perspective:

Overall, Stable Families' program activities appear to be occurring in a manner consistent with the program's design. For example, more families with moderately severe tenant screening and income barriers (e.g. poor references from landlords, lack of credit history, and need for financial assistance for housing) are being enrolled as compared to prior evaluation periods. However, two of the referral sources that were expected to be primary ones for the program (e.g., the YWCA Family Center, schools) are referring fewer families than originally anticipated.

#### From a client outcomes perspective:

Almost all program participants have received case management services from Communities in Schools' homelessness prevention specialists, and most program participants have received financial assistance as well. From program entry to program exit, respondents' self-rated ability to meet many of their basic economic, social-emotional, and parenting needs increased significantly. And most families that participate in the program exit to a permanent housing destination, oftentimes one that is more affordable.

#### From a system outcomes perspective:

It is unclear what effects, if any, these program activities have had on Franklin County's emergency shelter system. On one hand, the pilot program's logic model established an expected outcome that of The Strategy Team, Ltd.

all families served, 90% would not become homeless during the service period. This outcome has been met, considering that by the end of evaluation period three, 90.5% of families either exited the program successfully or were still engaged in the program.

On the other hand, given the lower than expected number of referrals to Stable Families from the YWCA Family Center, it is difficult to determine whether families diverted to the program are any less likely than families diverted elsewhere to re-contact the YWCA Family Center with additional housing crises.

The relationship between Stable Families participation and school mobility is similarly complex. The pilot program's logic model established an expected outcome that of all families served, 75% of dependent children would remain stable in school. This outcome was met, considering that after participating in the Stable Families program, 84% of children who were enrolled in Columbus City Schools did not change schools. However, 87% of these children did not change schools before their families entered the program. Further, a hypothesized relationship between Stable Families participation and school mobility was not observed. Indeed, on average the mobility rate appeared to increase from a pre-Stable Families observation period to a post-Stable Families observation period. It is unclear why this pattern is occurring, but three possible explanations (from the researchers' perspective) are the following:

- The Stable Families program has been wholly ineffective in helping families keep their children enrolled in one school during the academic year;
- The Stable Families program has been somewhat effective in helping families keep their children
  enrolled in one school during the academic year, but any program effectiveness was countered
  by powerful economic pressures affecting the region and nation over the past year;
- The Stable Families program has been somewhat effective in helping children of enrolled families make more *planned* moves during the school year. Because the available mobility data do not indicate whether a change in school enrollment was "planned" or "unplanned", only whether or not a move happened, analyses consider *any* change in school enrollment during the traditional school year as a disruptive one, even if it was coordinated with community, school district, or CIS support / resources. In other words, our definition of a "disruptive move" may ignore meaningful variation in the extent to which a move was truly disruptive.

Overall, the Stable Families pilot program appears to have been implemented (mostly) as intended and clients appear to be reaping benefits from their participation in the program. However, it is not at all clear that the Stable Families pilot program is delivering the expected or hypothesized systemic outcomes. Although the case cannot yet be made that the Stable Families intervention produces superior outcomes compared to other programmatic interventions, the Stable Families intervention is more cost-effective than the intervention these families would have likely received if the program was not present - staying in emergency shelter. Considering this and the fact that the Stable Families intervention leveraged over \$7,000 in additional support for its families from other community resources, Stable Families seems to be delivering reasonably good outcomes in a cost-effective manner.

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<sup>&</sup>lt;sup>2</sup> The average intervention cost per family served by Stable Families was \$1979. For the 718 households served by Franklin County's family emergency shelter system in FY09, the average cost per household was \$2,252.

# II. Background and overview of Stable Families

The primary focus of Franklin County's Family Emergency Shelter System is to help families who have lost their homes make their way back to stable housing. Emergency shelter, however, is not the only option for families experiencing a housing crisis. As an organization leading efforts to prevent and eliminate homelessness in Central Ohio, the Community Shelter Board (CSB) sees great value in helping families who are at imminent risk of homelessness *gain access* to community resources and services so their residential situation may stabilize.

To this end, CSB and its partners, Communities In Schools (CIS), Gladden Community House and Central Community House, are implementing the <u>Stable Families Pilot Program</u> (Stable Families) in Franklin County over a three year period. The primary mission of Stable Families is to help families who are at imminent risk of becoming homeless to remain in their homes or to find stable housing and not enter the family emergency shelter system. This project is funded by The Ohio Department of Development, the United Way of Central Ohio (UWCO), and the Franklin County Board of Commissioners.

As part of the pilot program, CSB contracted with The Strategy Team, Ltd. to provide a comprehensive evaluation of Stable Families. This report presents the evaluation data regarding the program for the period from April 7, 2008 to June 30, 2009, focusing on the following key questions:

- How has Stable Families been implemented by CSB and its partners?
- Who has Stable Families served in Central Ohio?
- What services and interventions were provided to families in the program?
- How successful was Stable Families at preventing family homelessness in Central Ohio?
- How successful was Stable Families at reducing unplanned school mobility due to imminent homelessness?
- What effect has Stable Families had on other variables related to school mobility such as school achievement, school attendance, and behavioral issues?
- What have been the program costs to this point?

The remainder of the report presents evaluation results for these key questions.

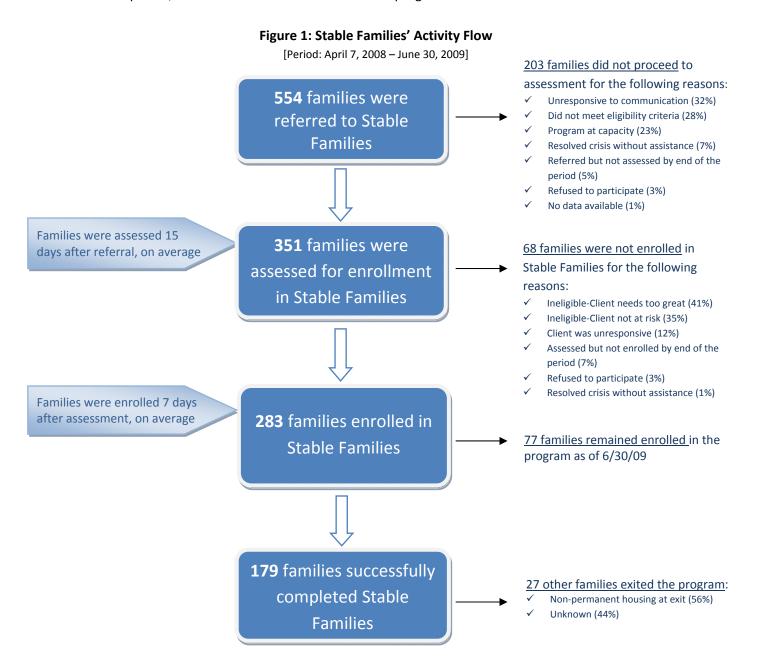
# III. How has CSB and its partners implemented Stable Families?

The Stable Families Program is implemented by CIS, through a contract with the Community Shelter Board. During the period from April 7, 2008 to June 30, 2009, CIS employed an average of 6.5 Full Time Equivalent staff to administer the Stable Families program. This includes one team leader and five case managers. Two case managers are stationed at each of the two CIS partner sites (Gladden Community House, Central Community House), with the fifth working as a floating case manager. Case managers work directly with families<sup>3</sup> to link them to community resources and provide other assistance to help manage their housing crisis and avoid becoming homeless. During this evaluation period, the five case managers had between 15 and 18 family clients "active" at any one point in time, and 100% of case managers' time was dedicated to clients.

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<sup>&</sup>lt;sup>3</sup> Throughout, the term "family" is used to refer to a household.

**Stable Families' activity flow (April 7, 2008 – June 30, 2009).** From April 7, 2008 to June 30, 2009, a total of 554 families containing over 2,100 individuals<sup>4</sup> were referred to Stable Families during the period. After being referred to the program, a number of outcomes were possible, the most important of which are shown below in Figure 1. Of the 554 families referred to Stable Families, 351 (63%) were assessed for entry, 283 (51%) actually enrolled, and 179 (32%) successfully exited.<sup>5</sup> At the close of the evaluation period, 77 families remained enrolled in the program.



For more information about Stable Families' activity flow, see Table B1 in Appendix B.

<sup>&</sup>lt;sup>4</sup> The average household size of the 283 families enrolled in Stable Families during this period was 3.87.

<sup>&</sup>lt;sup>5</sup> "Successful exits" were defined as families that transitioned to a permanent (e.g., stable) housing situation. The average number of days these families were enrolled in the program was 106 (minimum=19, maximum=241).

<u>Primary referral sources.</u> During program implementation, CIS partnered with a host of agencies, including the Public Housing Authority, Franklin County Department of Job and Family Services, local legal aid, alcohol drug and mental health services, school districts, emergency shelters, children's services, property managers and landlords, city or neighborhood community centers/resource centers, immigrant services, local organizations that provide emergency needs such as food and clothing, medical/health services, and education, life skills, or employment services. Many of these partners served as referral sources for families who need more help than the program can provide as well as resources for enrolled families who needed assistance in specific areas.

As shown in Figure 2, the proportion of households referred to Stable Families by homeless assistance providers (i.e., YWCA Family Center) and child protective services decreased from evaluation Period 2 to evaluation Period 3, as was the decrease in community based social service center referrals from Period 1 to Period 3. These decreases were statistically significant. Additionally, the proportion of households that referred themselves or were referred by a church increased significantly from Period 2 to Period 3. For more information about Stable Families' referral sources, see Table B2 in Appendix B.

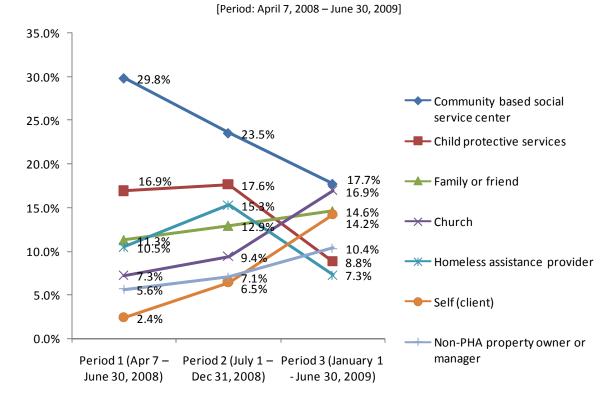


Figure 2: Most frequent referral sources to Stable Families

<sup>&</sup>lt;sup>6</sup> Statistical significance refers to the outcome of a statistical test. If a difference or trend is statistically significant, it is unlikely to have occurred due to chance alone (i.e., p<.05). To test whether these differences were statistically significant, the following chi-square statistics were calculated: [evaluation period and referral source-homeless assistance provider,  $X^2$ =8.70, p<.05]; [evaluation period and referral source-child protective services,  $X^2$ =7.37, p<.05]; [evaluation period and referral source-church,  $X^2$ =7.3, p<.01].

<sup>&</sup>lt;sup>7</sup> To test whether these differences were statistically significant, the following chi-square statistics were calculated: [evaluation period and referral source-self,  $X^2$ =6.24, p<.05]; and [evaluation period and referral source-church,  $X^2$ =4.83, p<.05].

#### IV. Who has Stable Families served in Central Ohio?

As part of the assessment and enrollment process, CIS staff collected a wealth of information about the families served by the program. This information included basic demographic characteristics of the household and the individuals within it, along with information designed to help target families who are most likely to benefit from the services Stable Families provides. CIS used several assessment tools to determine which families to enroll and how to best serve them:

- The "Barriers to Housing Stability Assessment" probed on a family's rental, credit and criminal
  history; chemical and mental health; domestic issues; and income, employment, and education. This
  was administered before families entered the program.
- The "Self Sufficiency Matrix Assessment" documented the client's ability to provide for themselves in three critical domains: economic, socio-emotional and parenting. This tool was provided to the pilot grantees by the Ohio Department of Development and administered at program entry, exit, three months after exit, and six months after exit.
- CIS' "Stable Families Program Assessment" captured additional information of interest to this pilot, including families' top housing concerns. This was administered before entry into the program.

These three tools can be found in Appendix A.

# A. Demographic characteristics of individuals and families

Who were the families who were enrolled into Stable Families? As shown in Table 1, of the households enrolled in Stable Families, most were single parent ones (78%). Among the enrolled families' heads of household, more than half were African American (72%).

Only three enrolled households were headed by a veteran, 46% of enrolled heads of household had been involved with child protective services in their youth, and 13% reported having had a disability of "a long duration."

Of those clients who were housed when entering Stable Families, 76% reported spending more than 35% of their monthly income on housing. Looking at this from a different perspective, the average housing cost burden – the percentage of monthly income spent on housing – among those currently housed was 66%.<sup>8</sup>

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<sup>&</sup>lt;sup>8</sup> Responses of "\$0", or no housing cost burden, were excluded from these calculations.

Table 1: Demographic characteristics of enrolled families

[Period: April 7, 2008 – June 30, 2009]

	Period 3		Cumu	lative
	(January 1 - Ju Enrolled (n=146		(April 7, 2008 – Enrolled (n=283	
Family Type				
Single parent with children	111	76.0%	221	78.1%
Two adults, at least 1 parent, with children	32	21.9%	57	20.1%
Grandparent(s) with grandchild(ren)	1	0.7%	3	1.1%
Other	2	1.4%	2	0.7%
Head of household - race				
American Indian or Alaskan Native	1	0.7%	2	0.7%
Black or African American	109	74.7%	203	71.7%
White	36	24.7%	78	27.6%
Head of household - ethnicity				
Hispanic	7	4.8%	14	4.9%
Non-Hispanic	139	95.2%	269	95.1%
Head of household - gender				
Female	135	92.5%	266	94.0%
Male	11	7.5%	17	6.0%
Head of household - educational attainment				
No high school diploma	50	34.2%	108	38.3%
High school diploma or GED	59	40.4%	108	38.3%
Post-secondary school	37	25.3%	66	23.4%
Current living situation				
Room, house, or apartment w/o subsidy	103	70.5%	187	66.1%
Room, house, or apartment with subsidy (nonproject-based)	15	10.3%	24	8.5%
Room, house, or apartment with subsidy (project-based)	13	8.9%	24	8.5%
Staying with family or friends	15	10.3%	45	15.9%
Hotel or motel (non-homeless stay)	0	0.0%	3	1.1%
Head of household - other characteristics				
Headed by veteran? (Yes)	1	0.7%	3	1.1%
Involved in child protective services as youth? (Yes)	63	43.2%	131	46.3%
Have disability of long duration? (Yes)	15	10.3%	36	12.7%
Currently housed - percent of income spent on housing	(n = 95)		(n = 202)	
35% or less	16	16.8%	49	24.3%
36-50%	20	21.1%	55	27.2%
51-65%	20	21.1%	39	19.3%
66-80%	15	15.8%	24	11.9%
More than 80%	24	25.3%	35	17.3%
Currently housed - average housing cost burden	(n = 94)		(n = 172)	
	66.6%		66.0%	
Average monthly income (all sources)	(n = 124)		(n = 189)	
	\$1,210		\$1,245	

# B. Reasons for the current housing crisis

During the assessment process, CIS collected information regarding potential participants' current housing crisis as well as critical barriers to securing and maintaining a stable housing situation. What were the main reasons for the current housing crisis faced by households enrolled in Stable Families? The proportion of families reporting "loss of income" remained the most frequently reported primary reason for their housing crisis. From Period 2 to Period 3, the

proportion of families reporting "loss of job" increased significantly (i.e., from 17.7% to 29.5%), as did the proportion of families reporting "physical health problems" (i.e., from 0% to 6.8%).<sup>9</sup>

[Period: April 7, 2008 - June 30, 2009] 35.0% 31.5% 29.3% 30.0% Loss of income 25.0% Loss of job 22.8% 19.0% 20.0% Rental eviction notice 17.7% Medical emergency 13.8% 15.0% Divorce/separation 10.1% 10.0% Family violence 6.9% 6.8% Physical health problem 5.0% 1.7% 5.1% 0.0% 0.0% Period 1 Period 2 Period 3

Figure 3: Most frequent "primary" reasons for housing crisis (enrolled families)

More information about the reasons for these clients' housing crises may be found in Communities In Schools' "Lessons Learned, Year 1" document. It notes, "Given the current economy, the families that have been contacting CIS lately are just looking for the cash assistance not for the case management that is involved. Also, many families are so far behind in rent that it goes way beyond what the program can assist with. These are things that should be taken into consideration when looking to implement this program in other areas."

Looking at both primary <u>and</u> secondary reasons for housing crises during this third evaluation period (January 1, 2009 – June 30, 2009), what reasons did families identify for their housing crisis? As shown in Figure 4 (next page), the three most frequently reported reasons – grouping both primary and secondary ones together – related to "Loss of income", "Loss of job", or "Rental eviction notices" (68.5%, 40.4%, and 39.7% of enrolled families, respectively).

<sup>&</sup>lt;sup>9</sup> To test whether these differences were statistically significant, the following chi-square statistics were calculated: [evaluation period and primary reason-physical health problems, Yates  $X^2$ =4.17, p<.05].

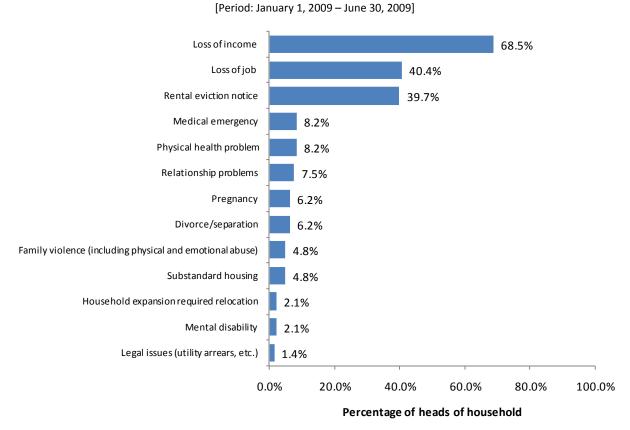


Figure 4: "Primary" and "secondary" reasons for housing crisis (enrolled families)

For more about the primary and secondary reasons for families' housing crises, please see Table B3 in Appendix B.

#### C. Families' Housing Concerns

In addition to the data elements required by ODOD and CSB, CIS also identified each family's top three housing concerns, ranked in order of importance to the family. These data were collected via CIS' Stable Families Assessment tool and entered into an electronic database for analysis. These data were then coded by TST staff into the categories shown in Figure 5, which shows the percentage of assessed families indicating an issue as one of their top three housing concerns. Not surprisingly, the majority of families indicated that maintaining one's current shelter (e.g., paying rent, affording housing, avoiding eviction) was one of their top three housing concerns (94%). Over half of assessed families reported "utility bills" as one of their top three housing concerns (58%).

Note that because multiple responses were allowed to this question, the percentages will sum to >100%. For more information about the housing concerns among those assessed by Stable Families, please see Table B4 in Appendix B.

Paying rent, affording housing, avoiding eviction Utility bills Financial / job Safety of neighborhood Food Additional child related concerns Enough space for entire family Location (near school, bus, etc) Cleanliness / maintenance issues Items for home (furniture) Finding a place to live Other 0% 40% 60% 80% 20% 100% Percentage of heads of household

Figure 5: Housing concerns (assessed families)
[Period: January 1, 2009 – June 30, 2009]

# D. Barriers to Housing Stability Assessment

The Barriers to Housing Stability Assessment was designed to help case managers focus on the unique needs facing families experiencing housing instability. CIS also used this tool to identify families that may have needs beyond what Stable Families could meet. The tool assesses families in three domains: tenant screening barriers, personal barriers and income barriers. For more about how this instrument is used (and barriers calculated), please see Appendix A. Families' perceived barriers to stable housing were recorded both at program entry and program exit.<sup>10</sup>

<sup>&</sup>lt;sup>10</sup> Inadvertently, exit data was entered in the same file as entry data through early 2009. As a result, exit barrier data overrode entry barriers data for 56 individuals who both entered and exited Stable Families during period 2 and early in period 3. CSB referenced earlier data and compiled a new file with data entered at quarterly intervals. As a result, the final file likely includes entry data for some of the 56 individuals whose data was overridden, but it is unclear how many. The following barriers to stable housing should be considered in light of this issue, which mainly affects data from Period 2.

**Tenant screening barriers to stable housing**. Tenant screening barriers are those that prohibit families from being able to pass the screening process required by potential landlords, including previous rental history, criminal history and credit history. Table 2 presents the number and percentage of families facing each type of tenant screening barrier, focusing on the evaluation period from January 1, 2009 – June 30, 2009. More than half of the families assessed for entry into Stable Families during Period 3 reported having had at least one eviction notice (65.5%). Also, over half of assessed families reported having had at least one unpaid utility bill in the recent past (56%). Poor references from current landlords, lack of credit history and one or more misdemeanors also represented potential barriers faced by many families assessed for entry into Stable Families (72%, 32% and 25%, respectively).

Table 2: Tenant screening barriers to stable housing (assessed and enrolled families)

[Period: January 1, 2009 – June 30, 2009]

	Period	3 (January	1 - June	30, 2009)	CUMU	LATIVE (Apı 20	ril 7, 2008 009)	- June 30,
	ASS	SESSED	ENF	ROLLED	ASSESSED		ENF	ROLLED
# of evictions or unlawful detainers	n=174		n	n=146		n=349		=282
0	82	47.1%	70	47.9%	163	46.7%	133	47.2%
1	52	29.9%	46	31.5%	108	30.9%	90	31.9%
2-3	35	20.1%	26	17.8%	63	18.1%	49	17.4%
More than 3	5	2.9%	4	2.7%	15	4.3%	10	3.5%
	ASSESSED		ENF	ROLLED	ASS	ESSED	ENF	OLLED
of eviction notices	n=174		n	=146	n:	=351	n=283	
0	60	34.5%	50	34.2%	125	35.6%	98	34.6%
1	60	34.5%	53	36.3%	116	33.0%	97	34.3%
2-3	46	26.4%	37	25.3%	87	24.8%	71	25.1%
More than 3	8	4.6%	6	4.1%	23	6.6%	17	6.0%
	ASSESSED ENROLLED		ROLLED	ASS	ESSED	ENF	OLLED	
of unpaid utility bills	n	=174	n	=146	n:	=349	n	=281
0	76	43.7%	66	45.2%	150	43.0%	128	45.6%
1	39	22.4%	31	21.2%	81	23.2%	64	22.8%
2-3	59	33.9%	49	33.6%	116	33.2%	87	31.0%
More than 3	0	0.0%	0	0.0%	2	0.6%	2	0.7%
	ASS	SESSED	ENF	NROLLED ASSESSED		ESSED	ENF	OLLED
Other screening barriers present	n	=174	n	=146	n:	=351	n	=283
Poor reference from landlords	125	71.8%	105	71.9%	207	59.0%	159	56.2%
Lack of rental history	5	2.9%	5	3.4%	8	2.3%	7	2.5%
Lack of credit history	56	32.2%	41	28.1%	111	31.6%	82	29.0%
One or more misdemeanors	43	24.7%	37	25.3%	93	26.5%	76	26.9%
Critical felony	13	7.5%	13	8.9%	19	5.4%	16	5.7%
Other felony	15	8.6%	11	7.5%	31	8.8%	25	8.8%

	Period	3 (January	1 - June	30, 2009)	CUMULATIVE (April 7, 20 2009)			.008 - June 30,	
	ASS	SESSED	ENROLLED		ASSESSED		ENROLLED		
	n=174		n=146		n=351		n=283		
At least one tenant screening barrier	171	98.3%	143	97.9%	335	95.4%	267	94.3%	

Finally, 98% of the families enrolled into Stable Families had at least one tenant screening barrier to housing stability. For more about these tenant screening barriers, please see Table B5 in Appendix B.

**Personal barriers to stable housing.** The second category of housing barriers, "personal barriers", references those characteristics of individual family members that may prevent families from attaining stable housing situations. These barriers include chemical dependency, mental health and domestic violence issues. Table 3 presents the number and percentage of families facing each type of personal barrier, focusing on the evaluation period from January 1, 2009 to June 30, 2009. Compared to the tenant screening barriers reviewed previously, the incidence of these personal barriers was lower. However, some severe threats to housing stability were reported. For example, about 1 in 5 enrolled families reported domestic violence contributed to their housing instability.

Table 3: Personal barriers to stable housing (assessed and enrolled families)

[Period: January 1, 2009 – June 30, 2009]

	Period 3 (January 1 - June 30, 2009)			Cumulative (Apr 7, 2008- June 30, 2009				
	ASSESSED n=174		ENROLLED n=146		ASSESSED n=351		ENROLLED n=283	
Mental health resulted in housing loss	10	5.7%	7	4.8%	18	5.1%	13	4.6%
Mental health currently affects housing	10	5.7%	7	4.8%	26	7.4%	15	5.3%
Domestic violence resulted in housing loss	28	16.1%	26	17.8%	50	14.2%	42	14.8%
Domestic violence currently affects housing	6	3.4%	6	4.1%	8	2.3%	8	2.8%
Chemical use resulted in housing loss	8	4.6%	5	3.4%	13	3.7%	9	3.2%
Chemical use currently affects housing	2	1.1%	2	1.4%	2	0.6%	2	0.7%

	Perio	d 3 (January	1 - June	30, 2009)	Cumula	.008- Jun	ie 30, 2009)		
	ASS	ASSESSED		ENROLLED		ASSESSED		ENROLLED	
	n	=174	r	=146	n	=351	n	=283	
At least one personal barrier	46	26.4%	38	26.0%	82	23.4%	63	22.3%	

Overall, during the evaluation period of January 1, 2009 to June 30, 2009, approximately 26% of the families assessed by and enrolled into Stable Families had at least one personal barrier to housing stability. For more about these personal barriers, please see Table B6 in Appendix B.

**Income barriers to stable housing.** Income barriers include the cost of current housing, lack of income and difficulties in finding and maintaining stable employment. Table 4 presents the number and percentage of families facing each type of income barrier, focusing on the evaluation period from January 1, 2009 to June 30, 2009.

Table 4: Income barriers to stable housing (assessed and enrolled families)

[Period: January 1, 2009 – June 30, 2009]

	Period	3 (January	1 - June	30, 2009)	Cumulat	ive (Apr 7, 2	008 - June	30, 2009)	
Currently housed: Percent of income spent	ASSESSED		ENF	ENROLLED		ESSED	ENR	OLLED	
on housing	n	=106	r	n=95		n=233		n=202	
35% or less	17	16.0%	16	16.8%	53	22.7%	49	24.3%	
36-50%	21	19.8%	20	21.1%	58	24.9%	55	27.2%	
51-65%	22	20.8%	20	21.1%	43	18.5%	39	19.3%	
66-80%	18	17.0%	15	15.8%	32	13.7%	24	11.9%	
More than 80%	28	26.4%	24	25.3%	47	20.2%	35	17.3%	
Not currently housed: Amount available to	ASS	SESSED	ENF	ENROLLED		ESSED	ENROLLED		
spend on housing	1	n=17	n=15		n=42		n=32		
\$0-200	6	35.3%	4	26.7%	10	23.8%	8	25.0%	
\$201-300	3	17.6%	3	20.0%	6	14.3%	4	12.5%	
\$301-400	0	0.0%	0	0.0%	4	9.5%	3	9.4%	
\$401-500	6	35.3%	6	40.0%	13	31.0%	10	31.3%	
\$501-600	2	11.8%	2	13.3%	7	16.7%	6	18.8%	
\$601-700	0	0.0%	0	0.0%	2	4.8%	1	3.1%	
	ASS	SESSED	ENF	ROLLED	ASS	ESSED	ENR	OLLED	
Other indicators of income barriers	n	=174	n	=146	n:	=351	n=	-283	
Needs financial assistance for housing	171	98.3%	145	99.3%	312	88.9%	246	86.9%	
Lacks permanent housing subsidy	146	83.9%	122	83.6%	289	82.3%	229	80.9%	
Lacks steady, full-time employment	140	80.5%	115	78.8%	251	71.5%	192	67.8%	
Lacks HS diploma or GED	56	32.2%	47	32.2%	124	35.3%	98	34.6%	
Lack of reliable transportation	77	44.3%	61	41.8%	148	42.2%	115	40.6%	
Lacks affordable / reliable childcare	65	37.4%	52	35.6%	101	28.8%	81	28.6%	
Limited English proficiency	2	1.1%	2	1.4%	2	0.6%	2	0.7%	

	Period	l 3 (January	1 - June	30, 2009)	Cumulative (Apr 7, 2008 - June 30, 2			
	ASS	ASSESSED n=174		ENROLLED n=146		ESSED	ENROLLED n=283	
	n					351		
At least one income barrier	174	100.0%	146	100.0%	349	99.4%	283	100.0%

Almost all (99%) families enrolled in Period 3 reported needing financial assistance for housing. Consistent with this, a large majority of households enrolled in Period 3 lacked a permanent housing subsidy (84%) or lacked steady, full-time employment (79%). Most enrolled families during this time period spent more than 35% of their monthly income on housing costs (83.2%), suggesting the population referred to and served by Stable Families is appropriately targeted.

Overall, during the evaluation period of January 1, 2009 to June 30, 2009, 100% of the families assessed by and enrolled into Stable Families had at least one income barrier to housing stability. For more about these income barriers, please see Table B7 in Appendix B.

# Summary effects of tenant screening, personal and income barriers

The Barriers to Housing Stability Assessment tool combined each of the specific indicators just reviewed into one summary rating, for each type of housing barrier (tenant screening, personal,

and income). This summary rating had a four point scale, ranging from "No effect" to "Major effect." Table 5 provides the assessment of the level of each type of barrier faced by Stable Families households.

Table 5: Summary effects of barriers to stable housing (assessed and enrolled families)

[Period: January 1, 2009 – June 30, 2009]

	Period 3 (January 1		1 - June	30, 2009)	Cumulativ	e (Apr 7, 20	08 - June	30, 2009)
		SESSED		ROLLED	ASSESSED			OLLED
Impact of tenant screening barriers	n	=174	n	=146	n=351		n=283	
No effect	4	2.3%	5	3.4%	19	5.4%	19	6.7%
Minimal effect	90	51.7%	78	53.4%	204	58.1%	166	58.7%
Moderate effect	77	44.3%	60	41.1%	119	33.9%	91	32.2%
Major effect	3	1.7%	3	2.1%	9	2.6%	7	2.5%
Impact of personal barriers								
No effect	128	73.6%	108	74.0%	268	76.4%	219	77.4%
Minimal effect	31	17.8%	26	17.8%	48	13.7%	41	14.5%
Moderate effect	15	8.6%	12	8.2%	33	9.4%	21	7.4%
Major effect	0	0.0%	0	0.0%	2	0.6%	2	0.7%
Impact of income barriers								
No effect	0	0.0%	0	0.0%	5	1.4%	5	1.8%
Minimal effect	56	32.2%	51	34.9%	149	42.5%	135	47.7%
Moderate effect	62	35.6%	51	34.9%	109	31.1%	84	29.7%
Major effect	56	32.2%	44	30.1%	88	25.1%	59	20.8%
Overall barrier level								
Level 1: Zero to minimal barriers	31	17.8%	30	20.5%	108	30.8%	102	36.0%
Level 2: Moderate barriers	133	76.4%	108	74.0%	215	61.3%	166	58.7%
Level 3: Serious barriers	10	5.7%	8	5.5%	27	7.7%	15	5.3%
Level 4: Long-term barriers	0	0.0%	0	0.0%	1	0.3%	0	0.0%
Level 5: Severe barriers	0	0.0%	0	0.0%	0	0.0%	0	0.0%

<u>Tenant screening barrier levels.</u> From April 7, 2008 to June 30, 2009, an overwhelming majority of families enrolled in the program had a tenant screening barrier or income barrier that had a minimal, moderate, or major effect on the ability to acquire and maintain housing. Families most commonly reported having tenant screening barriers or income barriers that could present "minimal effects" on their ability to obtain and maintain stable housing. Personal barriers, on the other hand, were reported less frequently – this type of barrier had *no* effect on 77% of enrolled families during this period.

Enrolled families faced more severe tenant screening barriers in Period 3 compared to Period 2. As shown in Figure 6, from the second evaluation period (July 1, 2008 – December 31, 2008) to the third (January 1, 2009 – June 30, 2009), there were statistically significant *decreases* in the

proportion of families with tenant screening barriers that could have "no effect"<sup>11</sup> and "minimal effects"<sup>12</sup> on the ability to acquire stable housing. Consistent with this pattern is an *increase* in the proportion of families with tenant screening barriers that could have "moderate effects"<sup>13</sup> on the ability to acquire stable housing.

[Period: April 7, 2008 to June 30, 2009] 100.0% Percentage of families with barrier 80.0% 69.6% No effect 60.0% 56.9% 53.4% Minimal 41.1% 40.0% effect 32.8% Moderate effect 20.0% Major effect 0.0% Period 1 Period 2 Period 3

Figure 6: Summary effect of tenant screening barriers (enrolled families)

<u>Income barrier levels.</u> As shown in Figure 7, from Period 2 to Period 3, there was a statistically significant *decrease* in the proportion of families with income barriers that could have "minimal effects"<sup>14</sup> on the ability to acquire stable housing (i.e., from 69.6% to 34.9%). Consistent with this pattern were *increases* in the proportion of families with income barriers that could have "moderate effects"<sup>15</sup> and "major effects"<sup>16</sup> on the ability to acquire stable housing.

 $<sup>^{11}</sup>$  To test whether the difference was statistically significant, the following chi-square statistic was calculated: [evaluation period and impact of tenant screening barrier-no effect,  $X^2$ =7.02, p<.05].

 $<sup>^{12}</sup>$  To test whether the difference was statistically significant, the following chi-square statistic was calculated: [evaluation period and impact of tenant screening barrier-minimal effect,  $X^2=5.56$ , p<.05].

To test whether the difference was statistically significant, the following chi-square statistic was calculated: [evaluation period and impact of tenant screening barrier-moderate effect,  $X^2$ =15.81 p<.01].

<sup>&</sup>lt;sup>14</sup> To test whether the difference was statistically significant, the following chi-square statistic was calculated: [evaluation period and impact of income barrier-minimal effect,  $X^2$ =24.76, p<.01].

<sup>&</sup>lt;sup>15</sup> To test whether the difference was statistically significant, the following chi-square statistic was calculated: [evaluation period and impact of income barrier-moderate effect,  $X^2$ =6.29, p<.05].

<sup>&</sup>lt;sup>16</sup> To test whether the difference was statistically significant, the following chi-square statistic was calculated: [evaluation period and impact of income barrier-major effect,  $X^2$ =11.55, p<.01].

100.0% Percentage of families with barrier 80.0% 69.6% No effect 60.0% 50.0% Minimal effect 40.0% **34.9%** 30.1% 31.0% Moderate 20.0% effect 19.0% 12.1% Major effect 10.1% 6.9% 0.0% 0.0% Period 1 Period 2 Period 3

Figure 7: Summary effect of income barriers (enrolled families)

[Period: April 1, 2008 to June 30, 2009]

For more about the summary effects of these barriers to stable housing, please see Table B8 in Appendix B.

# Overall levels of barriers to stable housing

The final step of the Barriers to Housing Stability Assessment considers all three types of barriers: tenant screening; personal; and income. The level of difficulty families are likely to face when attempting to acquire and maintain stable housing is expressed via the following scale:

- Level 1: Zero to minimal barriers able to obtain/maintain housing with no or minimal support.
- Level 2: Moderate barriers able to obtain/maintain housing with moderate one-time or brief transitional supports.
- Level 3: Serious barriers able to obtain/maintain housing with significant, intensive transitional supports.
- Level 4: Long-term barriers able to obtain/maintain housing with significant, intensive transitional or ongoing supports.
- Level 5: Severe barriers able to obtain/maintain housing with significant, intensive and ongoing supports.

Figure 8 shows the overall level of barriers faced by enrolled families.

100.0% 80.0% 74.0% 60.0% Level 1: Zero to minimal 58.2% 46.6% barriers 40.0% Level 2: Moderate 39.2% 44.8% barriers 20.0% 20.5% — Level 3: Serious barriers 8.6% 5.5% 0.0% Period 1 Period 2 Period 3

Figure 8: Overall level of barriers to stable housing (enrolled families)

[Period: April 7, 2008 – June 30, 2009]

Overall, most enrolled families were classified as having either "Moderate barriers" (74%) or "Zero to minimal barriers" (20.5%). From Period 2 to Period 3, there was a statistically significant *decrease* in the proportion of families with "Zero to minimal barriers" on the ability to acquire stable housing (i.e., from 58% to 21%). Consistent with this pattern was an *increase* in the proportion of families with "Moderate barriers" (i.e., from 39% to 74%). <sup>18</sup>

# E. Self Sufficiency Matrix Assessment

The final tool used to evaluate the ability of enrolled families to meet basic needs was a Self Sufficiency Matrix (SSM) assessment, completed at enrollment into the program, at exit from the program, at 3 months post-exit, and at 6 months post-exit. This matrix assesses each family across 17 different domains using the following five point scale:



The 17 domains were grouped into three conceptually related factors – Economic, Social-emotional, and Parenting – as shown in Table 6. From program entry to program exit, the respondents assessed by this tool reported a number of statistically significant increases in their rated ability to meet many of these basic needs. <sup>19</sup>

<sup>&</sup>lt;sup>17</sup> To test whether the difference was statistically significant, the following chi-square statistic was calculated: [evaluation period and impact of overall barriers-minimal effect, X<sup>2</sup>=32.54, p<.05].

<sup>&</sup>lt;sup>18</sup> To test whether the difference was statistically significant, the following chi-square statistic was calculated: [evaluation period and impact of overall barriers-moderate effect,  $X^2$ =26.19, p<.05].

<sup>&</sup>lt;sup>19</sup> SSM data were collected from 186 households that exited the program by the end of this evaluation period. 13 of these households did not successfully exit the program by establishing permanent housing (11 entered transitional housing and we "don't know" about 2 others). 6 households did not complete the SSM upon exiting, though are considered "successful" exits.

**Table 6: Self Sufficiency Matrix ratings (enrolled families)** 

[Period: April 7, 2008 – June 30, 2009]

		At Entry (n=204)		At Exit (n=186)	At Three Months Post Exit (n=122)	At Six Months Post Exit (n=60)
Economic Factor	Food	2.2		2.3	2.3	2.3
	Employment	2.0		2.3	2.3	2.1
	Shelter	2.5	$\uparrow$	4.1	4.1	4.1
	Income	2.3	$\uparrow$	2.8	2.9	3.0
	Mobility	3.0		3.3	<b>↑</b> 3.4	3.6
	Family Relations	3.0		3.1	3.1	3.2
	Health Care	4.2		4.3	4.2	4.4
	Overall mean	2.7	$\uparrow$	3.2	3.2	3.2
Social-emotional Factor	Adult education	3.1		3.3	3.4	3.4
	Community Involvement	3.0		3.0	3.1	3.3
	Life skills	3.4		3.6	3.4	3.5
	Mental health	4.4		4.5	4.5	4.4
	Safety	4.3	$\uparrow$	4.5	4.6	4.6
	Legal	4.5		4.8	4.7	, <del>7</del> 4.9
	Substance abuse	4.9		4.9	4.9	5.0
	Overall mean	3.9	个	4.1	4.1	4.2
Parenting Factor	Daycare	2.8	$\uparrow$	3.3	3.5	4.1
	Child's education	4.7		4.8	4.8	4.8
	Parenting skills	4.5		4.5	4.5	4.5
	Overall mean	4.2	$\uparrow$	4.4	4.5	4.5

Figure 9 presents the overall means for each of these three groupings at program entry, at exit, at 3 months post-exit and at 6 months post-exit. Paired t-tests indicated that the average ratings for each of the three factors increased statistically from program entry to exit, and remained at these higher levels after exiting the program.<sup>20</sup>

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<sup>&</sup>lt;sup>20</sup> This pattern was verified with repeated measures analysis of variance, confirming that families maintained their increased levels of self-sufficiency even 6 months after exiting for the economic factor [F = 31.5, p < .05], social-emotional factor [F = 17.4, p < .05], and the parenting factor [F = 17.8, p < .05].

**Empowered** 5 4.5 4.4 4.5 4.2 Building 4 4.1 4.1 4.2 Capacity 3.9 3 Safe 3.2 3.2 3.2 2.7 Vulnerable 2 In Crisis At exit (n=186) At 3 months **At entry** At 6 months (n=204)post exit post exit (n=124)(n=58)Economic Factor Social-Emotional Factor Parenting Factor

Figure 9: Self Sufficiency Matrix summary ratings (enrolled families)

[Period: April 7, 2008 – June 30, 2009]

Many of the areas in which self-sufficiency gains have been made (e.g., shelter, income) correspond to focus areas of the Stable Families program, either in the direct client assistance granted (e.g., money) or the case management provided by the social workers. The next section of the report, then, reviews the various modes of assistance provided to Stable Families participants.

# V. What services and interventions were provided to enrolled families?

Stable Families case managers help families resolve their immediate housing crisis by linking families to a wide range of supportive services, community supports, and direct client assistance. This section of the report focuses on the types and amounts of services and interventions provided to enrolled families.

<u>Direct client assistance (DCA) from Stable Families</u>. Table 7 breaks down the direct client assistance provided to participating households between April 7, 2009 and June 30, 2009. Assistance with rent was the most common form of direct client assistance provided, with over two-thirds of enrolled households receiving these funds during the evaluation period; this assistance comprised 86.7% of all DCA provided (considering both Stable Families and other sources). Utility assistance from Stable Families was the second most frequent type of DCA provided, with 16% of enrolled families receiving this help. Overall, 218 (or 77% of enrolled families) received direct client assistance by the end of this evaluation period.

Table 7: Types and amounts of Direct Client Assistance

[Period: April 7, 2008 – June 30, 2009]

	Total \$ provided	# of times assistance was provided	# of families who received assistance (n=218)	% of enrolled families who received assistance (n = 283)	Avg. \$ provided (per assistance)	Avg. \$ provided (per family)
Overall						
	\$204,586		218	77%		\$938
Assistance from Stable Families						
Overall	\$197,547		215	76%		\$919
Rent	\$177,340	211	200	71%	\$840	\$887
Utilities	\$20,207	57	44	16%	\$355	\$459
Assistance from Other Sources						
Overall	<i>\$7,038</i>		19	6%		\$370
PRC-Housing	\$3,568	6	6	2%	\$595	\$595
PRC-Non Housing	\$0	0	0	0%	\$0	\$0
Other local funding - Housing	\$2,026	6	6	2%	\$338	\$338
Direct Client Assistance (other)	\$1,444	7	7	2%	\$206	\$206

Other assistance (HPP services) provided by Stable Families. Of course, CIS and Stable Families did more than just provide enrolled families with direct client assistance. To document the full range of services provided to enrolled families, CIS caseworkers recorded all instances of case-related activity requiring more than 15 minutes of their professional time. Table 8 reviews these additional Homelessness Prevention Pilot (HPP) services, all of which were directly provided by CIS and Stable Families. As expected, the most frequent service provided by Stable Families was "Case / care management", with almost all enrolled families receiving this by the end of this evaluation period. "Personal enrichment", "Transportation", and "Material goods" were also reported frequently.

# Table 8: HPP services provided (by Stable Families) to enrolled families

[Period: April 7, 2008 – June 30, 2009]

	# of times assistance was	# of families who received	Avg. # of times a family received	% of enrolled families who
	provided	assistance	assistance	received assistance (n = 283)
CASE MANAGEMENT				
Case/Care Management (unspecified)	2445	278	8.8	98.2%
Personal Enrichment (unspecified)	620	111	5.6	39.2%
Personal Finances/Budget Counseling	49	42	1.2	14.8%
Organizational Budgeting Assistance	5	5	1.0	1.8%
EMPLOYMENT ASSISTANCE				
Employment (unspecified)	15	12	1.3	4.2%
Resume Preparation Assistance	6	5	1.2	1.8%
Job Search/Placement	4	4	1.0	1.4%
Job Search Resource Centers	2	1	2.0	0.4%
Job Finding Assistance	1	1	1.0	0.4%
HOUSING ASSISTANCE	<b>50</b>	20	4.5	42.00/
Landlord/Tenant Dispute Resolution	59	39	1.5	13.8%
Housing Search Assistance	14	10	1.4	3.5%
Housing Search and Information	11	10	1.1	3.5%
Mail Handling Organizations/Services	2	2	1.0	0.7%
Landlord/Tenant Assistance			1.0	0.7%
Home Rental Listings UTILITY ASSISTANCE	1	1	1.0	0.4%
Utility Assistance	2	2	1.0	0.7%
Local Electric Utility Companies	1	1	1.0	0.4%
Utility Bill Payment Assistance	1	1	1.0	0.4%
Utility Bill Payment Plan Negotiation Assistance	1	1	1.0	0.4%
Utility Company Complaints	1	1	1.0	0.4%
OTHER FORMS OF ASSISTANCE	<u> </u>		1.0	0.470
Transportation	348	117	3.0	41.3%
Material Goods	143	87	1.6	30.7%
Advocacy	26	18	1.4	6.4%
Food	21	17	1.2	6.0%
Criminal Justice and Legal Services	6	5	1.2	1.8%
School Supplies	6	6	1.0	2.1%
Consumer Assistance and Protection	5	5	1.0	1.8%
Outreach Programs	5	5	1.0	1.8%
Tickets/Reservations	2	2	1.0	0.7%
Day Care	2	2	1.0	0.7%
Birth Certificates	2	2	1.0	0.7%
Education	2	2	1.0	0.7%
WIC	2	1	2.0	0.4%
Funeral Services	1	1	1.0	0.4%
Gift Card Donation Programs	1	1	1.0	0.4%
Health Care	1	1	1.0	0.4%
Children's Protective Services	1	1	1.0	0.4%
Substance Abuse Services	1	1	1.0	0.4%
Temporary Financial Assistance	1	1	1.0	0.4%
Thanksgiving Programs	1	1	1.0	0.4%
Benefits Assistance	1	1	1.0	0.4%
Child Support Assistance/Enforcement	1	1	1.0	0.4%
Computer Classes	1	1	1.0	0.4%
Copy Machines	1	1	1.0	0.4%
Family Support Centers/Outreach	1	1	1.0	0.4%
General Clothing Donation Programs	1	1	1.0	0.4%
Holiday Gifts/Toys	1	1	1.0	0.4%
Physician Referrals	1	1	1.0	0.4%
TANF Applications	1	1	1.0	0.4%

Other assistance (non-HPP services) coordinated by Stable Families. In addition to the services provided directly by Stable Families, CIS also worked to help families receive assistance from other community organizations. As shown in Table 9, the most frequent service provided by community resources outside of the Stable Families program was "Material Goods", with almost 75% of enrolled families receiving this service by the end of this evaluation period. "Food assistance" was also reported frequently.

Table 9: Non-HPP services provided (by the larger community) to enrolled families [Period: April 7, 2008 – June 30, 2009]

	# of times assistance was provided	# of families who received assistance	Avg. # of times a family received assistance	% of enrolled families who received assistance (n = 283)
Material Goods	212	138	1.5	74.9%
Food Assistance	132	104	1.3	46.6%
Other (financial assistance, utility assistance, etc.)	88	55	1.6	31.1%
Housing Search and/or Placement Assistance	29	25	1.2	10.2%
Employment (Job Search, Counseling)	29	20	1.5	10.2%
Mental Health Services (Counseling, Treatment)	15	13	1.2	5.3%
Day Care (Child Care)	10	10	1.0	3.5%
Education (GED, Training, Literacy)	9	8	1.1	3.2%
Case Management (Case Planning, Treatment, Arranging)	9	9	1.0	3.2%
Criminal Justice/Legal (Legal Counsel)	7	7	1.0	2.5%
Health Care (Health Screening, Education, Counseling)	5	5	1.0	1.8%
Consumer Assistance and Protection (Budgeting Assistance)	5	4	1.3	1.8%
Personal Enrichment (Life Skills, Stress Management, etc.)	3	3	1.0	1.1%
Transportation	1	1	1.0	0.4%

Table 10 indicates the sources of these services provided by the community. Consistent with the fact that "material goods" was one of the most common services (either HPP or non-HPP) received by those enrolled in Stable Families, community sources such as MAP Furniture Bank and Mid-Ohio Food Bank were most frequently mentioned as sources of these non-HPP services.

Table 10: Sources of non-HPP services

[Period: April 7, 2008 – June 30, 2009]

	# of times assistance was provided	# of families who received assistance	Avg. # of times a family received assistance	% of enrolled families who received assistance (n = 283)
Other (MAP Furniture Bank, Mid-Ohio Food Bank, etc.)	365	150	2.4	53%
Community-based social service center	78	51	1.5	18%
Self (Client)	41	34	1.2	12%
Job and Family Service Department (TANF office)	21	15	1.4	5%
Church	21	15	1.4	5%
Non-PHA property owner or manager	7	6	1.2	2%
School	7	5	1.4	2%
Public Housing Authority	2	2	1.0	1%
Legal Services	4	4	1.0	1%
Homeless Assistance Provider	4	2	2.0	1%
Child Protective Services	4	4	1.0	1%

# VI. How successful was Stable Families at preventing family homelessness?

# A. Households that completed the Stable Families program

The overarching goal of Stable Families is to prevent family homelessness. The pilot program's logic model established an expected outcome that of all families served, 90% would not become homeless during the service period. This outcome has been met, considering that by the end of evaluation period three, 90.5% of all enrolled families either exited the program successfully or were still engaged in the program.

Of those families who exited the program successfully, what were their housing situations upon exit? As shown in Table 11, most families that successfully completed the program continued to live in Columbus, Ohio (98%), usually in a rental property (77%). By definition, all families that successfully completed the program had secured permanent housing. Note that 24% of the families that successfully completed the program relocated to more affordable housing.

Table 11: Households that completed the Stable Families program

[Period: April 7, 2008 – June 30, 2009]

%
%
%
%
%
%
%
%
%
%
%
%
%
%

An additional 27 families (or, 9.5% of enrolled families) exited the program unsuccessfully, meaning their household's destination at exit was temporary or unknown. However, as Figure 10 shows, the proportion of families who successfully exited increased significantly from Period 1 to Period 2 and from Period 2 to Period 3.<sup>21</sup>

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 $<sup>^{21}</sup>$  As determined by a linear trend analysis [F=3.99, p<.05].

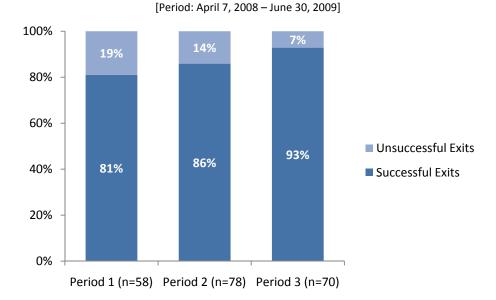


Figure 10: Proportion of families that exited successfully and unsuccessfully by period

Are there any characteristics of families that predict unsuccessful exits from Stable Families?<sup>22</sup> Families who entered the program with more severe income barriers were more likely to exit the program unsuccessfully.<sup>23</sup> Age and employment status were also associated with type of exit such that younger and unemployed heads of households were somewhat more likely to unsuccessfully exit Stable Families.<sup>24</sup> Not surprisingly, families who entered the program with more severe barriers to attaining housing were also more likely to exit the program unsuccessfully.

#### B. Estimates of Stable Families' impact on emergency shelter system

For a broader perspective on Stable Families' effectiveness as a homelessness prevention initiative, one can attempt to estimate the number of families who *could* become homeless and therefore enter the emergency shelter system in FY2010 if Stable Families was no longer operating. To calculate this, it is necessary to estimate the overall demand placed on the family emergency shelter system as well as the program's effectiveness in helping stabilize households, thereby preventing their entry into the emergency shelter system.

To estimate <u>overall demand</u> for shelter, two primary data sources were consulted: U.S. Department of Housing and Urban Development's 2008 Annual Homeless Assessment Report, published in July 2009,<sup>25</sup> and CSB's FY2009 System & Program Level Indicator Report (Families System), which provided longitudinal data regarding the number of families served by the

 $<sup>^{22}</sup>$  To determine what, if any, characteristics of families predict successful exits, a binary logistic regression was conducted that included the following variables: level of personal barriers, level of tenant screening barriers, level of income barriers, age, employment status, gender, and enrollment period. Enrollment period was a statistically significant predictor of successful exits [b = -.88, Wald stat = 8.25, p < .05].

<sup>&</sup>lt;sup>23</sup>Level of income barriers was a statistically significant predictor of successful exits [b = 1.01, Wald stat = 10.8, p < .05].

<sup>&</sup>lt;sup>24</sup>Employment status [b=.78, Wald stat = 2.5, p =.11] and age approached statistical significance [b=-.05, Wald stat = 3.0, p<.10].

<sup>&</sup>lt;sup>25</sup> See http://www.hudhre.info/documents/4thHomelessAssessmentReport.pdf .

shelter system in Central Ohio. After consultation with CSB, a value of 774 families was identified as the overall projected demand for family emergency shelter in FY2010. This number represents the households served by the family emergency shelter system in FY2009, and assumes there is no unmet / latent need for shelter among Central Ohio families.

To estimate the <u>program's effectiveness</u> in helping stabilize households, a number of effectiveness measures were calculated, ranging from more conservative to more liberal. These effectiveness measures were derived from the most recent program evaluation data available for Stable Families, and assume program funding and activities remain the same during FY2010.

As shown in Table 12, the most liberal estimate of program impact suggests it could assist approximately 37% of the families who are projected to access the family emergency shelter system in FY2010. At the other end of the continuum, the most conservative estimate indicates the program could help approximately 6% of these families. The researchers suspect that the percentage of families one could reasonably expect to be diverted from the emergency shelter system as a function of Stable Families' activities is between the 6% estimate (Families who successfully completed the program and relocated to more affordable housing) and the 23% estimate (Families who successfully completed the program). This argument, of course, goes beyond the available data and therefore is open to critique.

Table 12: Projected Effects on Central Ohio's Family Emergency Shelter System (FY2010)

	Number of families	% of projected demand in FY2010 (n = 774)	
Families who successfully completed the program and relocated to more affordable housing	43	6%	More conservative
Families who entered the program with no income or inadequate income (SSM income = 1 or 2)	164	21%	1
Families who entered the program homeless or threatened with eviction or in transitional / unsafe housing (SSM shelter = 1 or 2)	168	22%	
Families who successfully completed the program	179	23%	
Families who entered the program	283	37%	More Liberal

# C. Diversion of families to Stable Families – effects on emergency shelter system

A supplemental "diversion study" that attempts to measure the impact of Stable Families on the family emergency shelter system (in particular, the YWCA Family Center, or YWCAFC) is included in Appendix C. Overall, 168 of the 1316 families (12.8%) who contacted the YWCAFC from May 2008 to May 2009 did so more than once:

- Families diverted to Stable Families had *slightly lower odds* of re-contacting YWCAFC as compared to families who remained in their current housing situation.
- Additionally, families diverted to Stable Families appeared to have equal odds of recontacting YWCAFC as compared to families diverted to other community resources.

Overall, 157 families experiencing a housing crisis during this time period were diverted from YWCAFC to a community resource at their first or only contact, with 48 of these families (31%) diverted to Stable Families. Of these 48 families:

- 14 enrolled in the program (and 4 (29%) experienced another housing crisis);
- 21 were ineligible to enroll in the program (and 6 (29%) experienced another housing crisis);
- 13 were not assessed by the program (and 4 (31%) experienced another housing crisis).

By comparison, of the 109 families diverted to other community resources, 16 (15%) experienced another housing crisis. Ultimately, the relatively low number of diversions to the Stable Families program makes it very difficult to determine whether enrollment in Stable Families was associated with more positive outcomes. Until the frequency of diversions from YWCAFC to Stable Families increases substantially, Stable Family's effect on Franklin County's emergency shelter system remains unknown.

Future reports will review other prevention programs to help assess the effectiveness of the Stable Families pilot. For now, Appendix D presents a demographic comparison of those enrolled in the Stable Families pilot and those who have participated in another prevention program funded by CSB (Gladden Community House's Prevention Program).

# VII. How successful was Stable Families at reducing school mobility?

One of the primary goals of Stable Families is to reduce unplanned school mobility among children in families who participate in the program. To track school mobility, TST worked with Columbus City Schools (CCS) to gather data regarding current and historical enrollment trends for all school age children in families enrolled in the program.

A list of all children (ages 3-19) in families served by the program through June 30, 2009 (n=594) was provided to CCS for the purposes of obtaining data regarding school mobility, attendance and achievement. After matching this list to CCS' internal databases, CCS supplied a complete enrollment history (including moves, both disruptive and otherwise) for 434 children, from each child's first enrollment into CCS through June 2009. After cleaning the data and identifying which moves were disruptive (i.e., occurring during the months from September – May), the students' mobility patterns were reviewed, beginning with an overall assessment of the students' mobility. As shown in Table 13,

41% of the students for whom data were available did not have any disruptive moves since first entering the CCS district.

Table 13: School mobility (# of disruptive moves) among children in enrolled families

Overall School Mobility (n=416)	#	%
No moves since first entry into CCS	171	41.1%
1 move since first entry	78	18.8%
2 moves since first entry	69	16.6%
3 or more moves since first entry	98	23.6%
Average moves per year since first entry into CCS	0.27	

Since first entering the CCS district, the average number of disruptive moves per year was .27. <sup>26</sup> This calculation, however, includes time students spent out of the Columbus City Schools district, which may artificially deflate the mobility rate because an unknown number of disruptive moves may have occurred while outside the Columbus City Schools district. When one only focuses on the time students were enrolled in Columbus City Schools (factoring out all non-CCS time), the average number of moves per year increases to .39.

So, did Stable Families affect school mobility rates? To answer this question, it was necessary to create school mobility variables for the periods before and after each household entered Stable Families. Steps were taken to ensure the counts of disruptive moves were restricted to the time children were enrolled in CCS during this evaluation period.<sup>27</sup> Two mobility rates were calculated by dividing the number of disruptive moves by the number of years each student was enrolled in CCS during the pre-SF and post-SF observation period.<sup>28</sup>

As shown in Table 14, pre SF-entry mobility – the average number of disruptive moves in the time period before the household entered Stable Families, controlling for the time the household's child was enrolled in the CCS district – was .42, and post-SF entry mobility was .77.<sup>29</sup> A paired-samples t-test comparing the 331 CCS students with pre-SF and post-SF entry data available indicated this increase was statistically significant (t=-2.2, p<.05; pre-SF entry rate=.32 and post-SF entry rate=.63).

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<sup>&</sup>lt;sup>26</sup> A child who moved once during the course of a twelve-year school career would have a mobility rate of approximately .08; therefore, a mobility rate of .27 translates roughly to 3 moves (disruptive or otherwise) over a twelve-year school career.

<sup>27</sup> A conservative analytic approach was taken, beginning with the creation of a reasonable observation window into each student's mobility patterns. First, the total number of months from the date the household entered SF until the end of the current evaluation period and most recent academic year (6/30/09) was calculated for each student. This established an "upper boundary" for the length of time each student's mobility would be assessed. The reciprocal of this calculation was subtracted from the date the household entered SF, thereby identifying the "lower boundary." Within this observation window, only those data pertaining to the time each student was enrolled in CCS were included for analysis. (The CCS database does not include information on the number of disruptive moves that may have occurred while students were enrolled outside the CCS district.) After cleaning and correcting the data the mobility data were then submitted to the analyses reviewed above.

<sup>&</sup>lt;sup>28</sup> The maximum number of months a student's enrollment data was considered was 14, which is equal to the number of months from the first possible enrollment date to the end of the current school year (e.g., April 2008 through June 2009).

<sup>&</sup>lt;sup>29</sup> These rates include only students enrolled in CCS as of June, 2009.

Note that the pilot program's logic model established an expected outcome that of all families served, 75% of dependent children would remain stable in school. This outcome was met, considering that after participating in the Stable Families program, 84% of children who were enrolled in Columbus City Schools did not change schools. However, 87% of these children did not change schools before their families entered the program, either.

Table 14: School mobility (# of disruptive moves), before and after families enrolled

School Mobility (CCS district) Before Entering Stable Families (n=363)	#	%
No moves before entering SF	315	86.8%
1 move before entering SF	41	11.3%
2 moves before entering SF	5	1.4%
3 or more moves before entering SF	2	0.6%
Average moves per year before entering SF	0.42	

School Mobility (CCS district) After Entering Stable Families (n=341)		%
No moves after entering SF	286	83.9%
1 move after entering SF	54	15.8%
2 moves after entering SF	1	0.3%
3 or more moves after entering SF	0	0.0%
Average moves per year after entering SF	0.77	

There are at least three possible explanations for the increased mobility rate observed here.

- The Stable Families program has been wholly ineffective in helping families keep their children enrolled in one school during the academic year; or
- The Stable Families program has been somewhat effective in helping families keep their children enrolled in one school during the academic year, but any program effectiveness was countered by powerful economic pressures affecting the region and nation over the past year.
- The CCS mobility data do not indicate whether a change in school enrollment was "planned" or "unplanned", only whether or not a move happened. As such, these analyses consider any change in school enrollment during the traditional school year as a disruptive one, even if it was coordinated with community, school district, or CIS support / resources. It may be the case that there has been an increase in planned moves among households participating in Stable Families. In other words, our definition of a "disruptive move" may ignore meaningful variation in the extent to which a move was truly disruptive.<sup>30</sup>

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<sup>&</sup>lt;sup>30</sup> When asked to identify some of the challenges facing its implementation of the Stable Families program, CIS noted the following in its "Lessons Learned, Year 1" document: "Inability for Columbus City School staff to grasp the relevance of Stable Families to academic goals has been a barrier to school referrals." Perhaps the failure to observe Stable Families' hypothesized effect on school mobility is explained by the extent to which Columbus City Schools staff are aware of or accept the program.

Some data exist that allow us to explore the latter explanation. If the child of an enrolled family was reported to caseworkers as having changed schools, caseworkers recorded the reason for the move as best they understood it. Of the 75 school changes experienced by children in families served by Stable Families, <sup>31</sup> CIS records indicate 21 (28%) resulted from a local housing move or relocation. <sup>32</sup> All 21 of these school changes were reportedly <u>planned</u> with the assistance of Stable Families caseworkers and/or other community resources, which in theory means these school changes were possibly less disruptive to the student and his/her academic performance than otherwise could have been. <sup>33</sup>

Additionally, CIS records indicate that for the majority of the CCS students it had recorded as changing schools, the reasons for these changes appeared unrelated to housing concerns (e.g., 19 changes were natural, such as progressing from middle school to high school and 14 were driven by a desire to be in a better school/district).

# VIII. What effect has Stable Families had on other variables related to school mobility, such as school attendance, achievement, and behavioral issues?

Residential stability should improve school attendance, which is linked to a host of educational variables. Working with CCS, TST obtained both historical data to look at the impact of Stable Families on these crucial educational variables that are related to school mobility. Specifically, Columbus City Schools provided the following information for each child who was a member of a household that entered the Stable Families before June 30, 2009 and who was enrolled in CCS at some point during the 2007-2008 or 2008-2009 school year:

- Attendance rate and number of unexcused absences:
- Achievement test data; and
- Behavioral incidents.

Data in this section are presented, as available, for children enrolled in the 2007-2008 school year and children enrolled in the 2008-2009 school year. Generally, these should be considered baseline data and not necessarily comparable because these children could have entered Stable Families at any point between April 7, 2008 and June 20, 2009.

To explore how enrollment in the Stable Families program may have affected these variables, data are also presented for 121 students whose families enrolled in the pilot program between May and September of 2008. Because these children entered the program between the two school years, comparing 2007-2008 attendance, achievement, and discipline data to its corresponding 2008-2009 data provides a view into whether Stable Families is impacting school-related behavior.

<sup>&</sup>lt;sup>31</sup> This tally of post-program entry school changes is greater than those described on the previous pages because the Stable Families data reference other school districts in addition to CCS, and school changes that occur all year.

<sup>&</sup>lt;sup>32</sup> The other 54 school changes were driven by a parent's / student's desire for a better education, a natural progression from primary to elementary school, movement out of state, etc.

<sup>&</sup>lt;sup>33</sup> As of 10/1/2009, CIS created a new case manager position, stationing this person at Weinland Park Elementary School in the Columbus City Schools district. Future reports will examine whether this placement has affected student mobility rates at this location.

Attendance rate and unexcused absences. In 2007-2008, attendance rates ranged from 52.3% and 100%, with an average of 94.5%, and in 2008-2009, attendance rates ranged from 57.1% to 100%, with an average of 95.2%.<sup>34</sup> The number of unexcused absences per student varied greatly, with unexcused absences in 2007-2008 ranging from 0 to 53 days, and in 2008-2009 ranging from 0 to 67 days. Table 15 presents data for children enrolled in Columbus City Schools for one or both academic school years.

Table 15: Attendance rates and unexcused absences (2007–2008 and 2008-2009 school years)

(==== total ===== total ====						
	2007-200	2007-2008 (n=293)		07-2008 (n=293) 2008-2009 (		9 (n=326)
Attendance Rate	#	%	#	%		
Below 85%	23	7.8%	22	6.7%		
85% - 95%	86	29.4%	77	23.6%		
Greater than 95%	184	62.8%	227	69.6%		
Average Attendance Rate	94.7%		95.2%			
Unexcused Absences						
0	44	15.0%	56	17.2%		
1	21	7.2%	38	11.7%		
2-4	54	18.4%	86	26.4%		
5-10	71	24.2%	74	22.7%		
11 or more	103	35.2%	72	22.1%		
Average number of unexcused absences	7.46		7.01			

Next, attendance rates and unexcused absences were compared among only those students who enrolled in Stable Families during the summer months between the 2007-2008 and 2008-2009 school years (e.g., from May to September 2008). As shown in Table 16, the average attendance rate decreases from 2007-2008 to 2008-2009 (95.5% and 94.6%, respectively). The average number of unexcused absences increases from 7.02 to 7.68, but this difference is not statistically significant. These data do not suggest that enrollment in Stable Families has positively impacted school attendance.

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<sup>&</sup>lt;sup>34</sup> CCS' district-wide attendance rate for both the 2007-2008 and 2008-2009 school years was 94%, www.reportcard.ohio.gov.

<sup>&</sup>lt;sup>35</sup> This decrease approaches marginal significance (t=1.52, p=.13).

Table 16: Attendance rates and unexcused absences (2007-2008 and 2008-2009 school years) among students whose families enrolled in the summer months between these school years

	2007	-2008	2008	-2009
Attendance Rate (n=121)	#	%	#	%
Below 85%	8	6.6%	12	9.9%
85% - 95%	29	24.0%	26	21.5%
Greater than 95%	84	69.4%	83	68.6%
Average Attendance Rate	95.5%		94.6%	
Unexcused Absences (n=121)				
0	19	15.7%	25	20.7%
1	10	8.3%	21	17.4%
2-4	36	29.8%	20	16.5%
5-10	30	24.8%	27	22.3%
11 or more	26	21.5%	28	23.1%
Average number of unexcused absences	7.02		7.68	

Students who consistently attend school should perform better as they are exposed to additional instructional time and attention from their teachers. They should feel more comfortable in the classroom environment and improved relationships with peers and instructional staff may lead to fewer problems managing their classroom behavior. If Stable Families improves school attendance by preventing unplanned moves, does this facilitate better academic achievement and fewer incidences of behavioral intervention?

<u>Academic achievement tests.</u> School achievement tests are only given on specified days and at certain grade levels so not all children have available achievement data. Although there is some variability between tests and grade levels, scores of 400 or better generally indicate proficiency, while scores of 440 of better indicate accelerated achievement in a given domain. The 137 students for whom CCS could provide data for 2008 had an average Ohio Achievement Test score of 393 for reading and 394 for mathematics, and the 149 students for whom CCS could provide data for in 2009 had an average score of 395 for reading and 395 for math.

Additionally, the 46 children who enrolled in Stable Families during the summer of 2008, and for whom scores from both years were available, showed virtually no change in scores from 2008 to 2009. Reading scores increased from 395 to 397 and math scores decreased from 395 to 393. Neither difference was statistically significant.

These numbers suggest that the average student whose family was enrolled in Stable Families was in the proficient range in both reading and math. However, a slightly different story emerges when one compares the "Stable Families" students to the overall population of CCS students. For both reading and mathematics, the percentage of CCS students from families enrolled in the program and who achieved a "proficient" rating or higher was less than the percentage of CCS students (overall) who achieved a similar rating. See Figure 13.

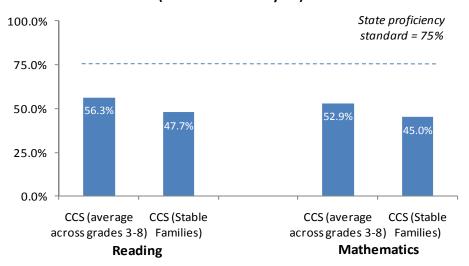


Figure 13: Percentage of students rated as "proficient" or higher on Ohio Achievement Tests (2008-2009 school year)

If Stable Families helps prevent unplanned moves, children should benefit by performing better in school. Data currently available indicate that the more disruptive moves children experienced during the 2008-2009 school year, the lower they scored on the 2009 OAT reading test. This correlation is statistically significant (r=-.26, p=.05), <sup>36</sup> suggesting that experiencing a disruptive move may have an immediate, negative, impact on test scores. Future data will hopefully provide more information on whether Stable Families is positively influencing academic achievement.

<u>Behavioral incidents</u>. If Stable Families does promote school stability and stronger relationships with educational partners, the number of behavioral incidents may decline over time for children whose families are enrolled in the program. For this variable, CCS behavioral incidence data were available for 293 children for the 2007-2008 school year and 326 children for the 2008-2009 school year. About two-thirds of students for whom data were available had zero behavioral incidents during the 2007-2008 school year, and three-fourths of students had zero behavioral incidents during the 2008-2009 school year. Although 33.4% of enrolled students during the 2007-2008 school year, and 27.3% of enrolled students during the 2008-2009 school year had at least one behavioral incident , these data include any form of behavioral incident recorded by CCS, from mild to severe. As shown in Table 17, the number of behavioral incidents among these children ranged from 0 – 37.

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<sup>&</sup>lt;sup>36</sup> Number of disruptive moves during the 2008-2009 school year was also negatively correlated with 2009 OAT math scores (r=-.09), but this correlation was not statistically significant (p=.26).

rable 1	Table 17: Benavioral incidents (2007-2008 and 2008-2009 school years)				
			2007-2008	2008-2	

	2007-2008	2008-2009
Behavioral incidents - all children enrolled	(n=293)	(n=326)
# of students with zero behavioral incidents	195 (67%)	237 (73%)
# of students with at least one behavioral incident	98 (33%)	89 (27%)
Total # of incidents (all students)	422	379
Average # of incidents (per students)	1.44	1.16
Minimum # of incidents (per student)	0	0
Maximum # of incidents (per student)	19	37

Behavioral incidences were compared among the students who enrolled in Stable Families during the summer months between the 2007-2008 and 2008-2009 school years. As shown in Table 18, the percentage of students with at least one behavioral incident decreased from 2007-2008 to 2008-2009 (28% and 20%, respectively), as did the average number of incidents per student (1.07 to .89, respectively).

Table 18: Behavioral incidents (2007-2008 and 2008-2009 school years) among students whose families enrolled in the pilot program in the summer months between these school years

Behavioral incidents (n=121)	2007-2008	2008-2009
# of students with zero behavioral incidents	87 (72%)	97 (80%)
# of students with at least one behavioral incident	34 (28%)	24 (20%)
Total # of incidents (all students)	129	108
Average # of incidents (per students)	1.07	0.89
Minimum # of incidents (per student)	0	0
Maximum # of incidents (per student)	13	21

Although this pattern suggests students' behavior in school improved after their families enrolled in Stable Families, this difference observed over time should be interpreted with caution.<sup>37</sup>

#### IX. Program costs

From program inception in early 2008 through June 30, 2009, over \$560,000 was spent on the Stable Families program. Approximately 63% of this amount has paid for program implementation and case management costs and approximately 37% of this amount has provided direct client assistance to enrolled families (e.g., money to help clients pay rent and/or utilities). As shown in Table 19, the program's average case management cost (per client served) was \$938 and the program's average intervention cost (per client served) was \$1,979.38

<sup>&</sup>lt;sup>37</sup> The decrease in the percentage of children with at least one behavioral incident was marginally significant [ $X^2$ =2.27, p=.13].

<sup>&</sup>lt;sup>38</sup> CIS' "case management costs" based on CSB's accounting records of salary and wages payments to CIS from program inception through 6/30/09; "other program costs" represent the remaining payments.

#### **Table 19: Program costs**

[April 7, 2008 – June 30, 2009]

CIS' case management costs (i.e., salaries & wages of 5 SF case managers and	\$265,364
1 team leader from 4/08 through 6/09)	\$203,30 <del>+</del>
CIS' other program costs (i.e., non-case management costs from inception	\$90,077
through 6/09)	390,077
Sum of Direct Client Assistance (all sources) provided to 218 families from	¢204 E96
4/7/08 through 6/30/09	\$204,586
Case Managers	
<b>Stable Families caseload</b> (i.e., enrolled families from 4/07/08 through 6/30/09)	283
FTE - case managers working the Stable Families caseload	5
Average # of 'active' clients per case manager (at any one point in time)	16.5
<b>Sum of case management hours worked</b> (i.e., total hours worked by the case	42.000
managers from 4/7/08 through 6/30/09)	12,880
Average # of case management hours per client served (i.e., sum of case	45.5
management hours worked / caseload)	45.5
Team Leader	
FTE - team leader	1
Sum of team leader hours worked (i.e., total hours worked by team leader	2.570
from 4/7/08 through 6/30/09)	2,576
Average # of team leader hours per client served (i.e., sum of team leader	0.1
hours worked / caseload)	9.1
Total Costs	
Average cost per FTE hour (i.e., CIS' case management costs / average # of case	¢47.47
management hours per client served)	\$17.17
Average case management cost per client served (i.e., CIS' case management	\$938
costs / caseload)	, j j j j j
Average direct client assistance (all sources) per family	\$938
Average intervention cost per client served (i.e., (CIS' case management costs +	\$1,979
CIS' other program costs + DCA)/caseload)	γ±,373

# X. Conclusion

#### From a process perspective:

Overall, Stable Families' program activities appear to be occurring in a manner consistent with the program's design. For example, more families with moderately severe tenant screening and income barriers (e.g. poor references from landlords, lack of credit history, and need for financial assistance for housing) are being enrolled as compared to prior evaluation periods. However, two of the referral sources that were expected to be primary ones for the program (e.g., the YWCA Family Center, schools) are referring fewer families than originally anticipated.

#### From a client outcomes perspective:

Almost all program participants have received case management services from Communities in Schools' homelessness prevention specialists, and most program participants have received financial assistance

as well. From program entry to program exit, respondents' self-rated ability to meet many of their basic economic, social-emotional, and parenting needs increased significantly. And most families that participate in the program exit to a permanent housing destination, oftentimes one that is more affordable.

#### From a system outcomes perspective:

It is unclear what effects, if any, these program activities have had on Franklin County's emergency shelter system. On one hand, the pilot program's logic model established an expected outcome that of all families served, 90% would not become homeless during the service period. This outcome has been met, considering that by the end of evaluation period three, 90.5% of families either exited the program successfully or were still engaged in the program.

On the other hand, given the lower than expected number of referrals to Stable Families from the YWCA Family Center, it is difficult to determine whether families diverted to the program are any less likely than families diverted elsewhere to re-contact the YWCA Family Center with additional housing crises.

The relationship between Stable Families participation and school mobility is similarly complex. The pilot program's logic model established an expected outcome that of all families served, 75% of dependent children would remain stable in school. This outcome was met, considering that after participating in the Stable Families program, 84% of children who were enrolled in Columbus City Schools did not change schools. However, 87% of these children did not change schools before their families entered the program. Further, a hypothesized relationship between Stable Families participation and school mobility was not observed. Indeed, on average the mobility rate appeared to increase from a pre-Stable Families observation period to a post-Stable Families observation period. It is unclear why this pattern is occurring, but three possible explanations (from the researchers' perspective) are the following:

- The Stable Families program has been wholly ineffective in helping families keep their children enrolled in one school during the academic year;
- The Stable Families program has been somewhat effective in helping families keep their children enrolled in one school during the academic year, but any program effectiveness was countered by powerful economic pressures affecting the region and nation over the past year;
- The Stable Families program has been somewhat effective in helping children of enrolled families make more *planned* moves during the school year. Because the available mobility data do not indicate whether a change in school enrollment was "planned" or "unplanned", only whether or not a move happened, analyses consider *any* change in school enrollment during the traditional school year as a disruptive one, even if it was coordinated with community, school district, or CIS support / resources. In other words, our definition of a "disruptive move" may ignore meaningful variation in the extent to which a move was truly disruptive.

Overall, the Stable Families pilot program appears to have been implemented (mostly) as intended and clients appear to be reaping benefits from their participation in the program. However, it is not at all clear that the Stable Families pilot program is delivering the expected or hypothesized systemic outcomes. Although the case cannot yet be made that the Stable Families intervention produces superior outcomes compared to other programmatic interventions, the Stable Families intervention is

more cost-effective than the intervention these families would have likely received if the program was not present - staying in emergency shelter.<sup>39</sup> Considering this and the fact that the Stable Families intervention leveraged over \$7,000 in additional support for its families from other community resources, Stable Families seems to be delivering reasonably good outcomes in a cost-effective manner.

<sup>39</sup> The average intervention cost per family served by Stable Families was \$1979. For the 718 households served by Franklin County's family emergency shelter system in FY09, the average cost per household was \$2,252.